

شعبة الإمارات  
لجراحة العظام  
EMIRATES  
ORTHOPAEDIC  
SOCIETY

# Emirates Sports Medicine Summit

31 October - 1 November 2014,  
Park Rotana Hotel, Abu Dhabi, United Arab Emirates



Accredited by



In Collaboration with



Organized by



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## FACULTY



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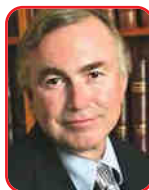
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## CME & USEFUL INFORMATION

**CME Accreditation:** This Summit is CME accredited, 8.5 CME Hours from The Ministry of Health. CME Certificates will be obtained starting November 10th, 2014, through the Summit website:

[www.UAEOrtho.com/ESMS](http://www.UAEOrtho.com/ESMS) Delegates should log in using the registration number on their badge. The deadline to receive your Certificates is December 24th, 2014.

**Food & Beverage:** Coffee breaks will be open to registered delegates. Meals will be offered against daily vouchers provided with the delegate badges.

**Regulations: Mobile Phones:** Please keep your mobile phones on silent mode while in the conference rooms.

**Parking:** Complimentary parking is available at the venue.



Summit Secretariat:

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## PROGRAM

### KNEE PROGRAM PART 1 FRIDAY, OCTOBER 31<sup>ST</sup>, 2014

01:00-02:00	<b>Lunch</b>	
02:00-02:30	<b>Registration</b>	
	<b>Moderators:</b> Dr. Yaaqoub Al Hammadi, Dr. Charles Brown	
02:30-03:00	Common knee injuries	Dr. Yaaqoub Al Hammadi
03:00-03:30	Principles of knee arthroscopy	Dr. Charles Brown
03:30-04:00	Pcl / plc injuries. (my way of treatment)	Dr. Fabrizio Margheritini
04:00-04:30	<b>Coffee break</b>	
04:30-05:00	Anatomical acl reconstruction: current concept (why acl reconstruction fail)	Dr. Charlie Brown
05:00-05:30	Knee rehabilitation post injury / surgery	Dr. Nick Worth
05:30-06:00	Sports nerve injury around the knee. Mechanism of injury and diagnosis	Dr. Arif Al Shehi

### SHOULDER PROGRAM SATURDAY, NOVEMBER 1<sup>ST</sup>, 2014

08:00-08:30	<b>Registration</b>	
	<b>Moderators:</b> Dr. Mohamad I. Jabban, Dr. Ali Al Suwaidi	

#### ACJ AND DISTAL CLAVICLE

08:30-09:00	Open repair for acute and chronic acj instability	Dr. Lennard Funk
09:00-09:30	Arthroscopic acj repair	Dr. Ali Al Suwaidi
09:30-10:00	Distal clavicle fracture	Dr. Mohamad I. Jabban

10:00-10:30 **Coffee break**

#### SHOULDER INSTABILITY SESSION

10:30-11:00	Shoulder instability in athletes and contact sport patients	Dr. Ali Al Suwaidi
11:00-11:30	Posterior instability	Dr. Lennard Funk
11:30-12:00	Open repair indication and technique	Dr. Saeed Al Thani
12:00-12:30	Latarjet procedure indications and technique	Dr. Philippe Landreeau

## KNEE PROGRAM PART 2

**Moderators: Dr. Basil Al Arabid, Dr. Nader Darwich**

**12:30-01:30 Lunch**

01:30-02:00	Meniscal injury and treatment	<b>Dr. Nader Darwich</b>
02:00-02:30	Anterior knee pain	<b>Dr. Philippe Neyret</b>
02:30-03:00	Articular cartilage and osteotomy	<b>Dr. Rene Verdonk</b>

**03:00-03:30 Coffee break**

03:30-04:00	Patellofemoral pain and instability	<b>Dr. Philippe Neyret</b>
04:00-04:30	Meniscal transplantation and meniscal scaffolds: State of the art	<b>Dr. Rene Verdonk</b>
04:30-05:00	Tendons injuries around the knee and it is treatment	<b>Dr. Abdulhameed Al Attar</b>

**Closing Remarks**



Dubai Initiative  
**FAMILY MEDICINE**  
in the Front Seat

**4<sup>TH</sup> FAMILY MEDICINE CONFERENCE**

January 11<sup>th</sup> - 13<sup>th</sup>, 2015, Mohammed Bin Rashid Academic Medical Center, Dubai Healthcare City, Dubai, UAE

[www.FamilyMedicineUAE.com](http://www.FamilyMedicineUAE.com) [FamilyMedicine@InfoPlusEvents.com](mailto:FamilyMedicine@InfoPlusEvents.com)



Under the Patronage of Chairperson of Dubai Healthcare City Authority  
**HRH Princess Haya Bint Al Hussein**  
Wife of HH Sheikh Mohammed Bin Rashid Al Maktoum  
Vice-President and Prime Minister of the UAE and Ruler of Dubai

**2<sup>ND</sup> GULF LIVER SUMMIT**

26 and 27 March, 2015  
Mohammed Bin Rashid Academic Medical Center, Dubai Healthcare City

[www.InfoPlusEvents.com/Liver](http://www.InfoPlusEvents.com/Liver)  
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Official thank you to the Standing Committee on Medical Education and the Emirates Medical Students' Society for linking the conference to medical students in the United Arab Emirates as well as providing volunteers for The Emirates Sports Medicine Summit.

## INDUSTRY PARTNERS

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### ABU DHABI INTERNATIONAL MEDICAL SERVICES

Abu Dhabi International Medical Services (ADI) is a subsidiary of Ittihad International investment LLC, a large scale private holding and multi disciplinary conglomerate. ADI has offered professional healthcare solutions and project management services to several prestigious clients in the Middle East region. ADI takes pride in representing some of the leaders in health care industry Arthrocare Sports Medicine, GE healthcare, Lawton surgical instruments, LCA Pharmaceuticals, MESA labs etc.

Our services include: Medical Equipment - Pharmaceutical division - Healthcare turnkey solutions

ADI is poised to take a leading position in the growing healthcare and pharmaceutical industry by partnering with leading and innovative suppliers and providing them with a commercial channel, marketing medium, registration and regulatory compliances to launch their products in the local market.



Medtronic

BIOMET



Heraeus

### AMICO

At AMICO, we have comprehensive knowledge of the Middle East markets, the emerging industry trends, economic changes and cultural diversity throughout the region.

‘Think globally, act locally,’ is an accurate representation of our corporate culture. Local challenges will require local solutions, however, without access to global resources the local solutions may well be a compromise. If highly specialized services are readily available in one country, yet unavailable in another, or if financing is of a shortage in a certain country, supportive solutions may be obtained from our corporate center.

Through our network, we help create ‘centers of excellence’ combining the expertise of our regional and local offices. In short, we place a high value in our relationships with our business partners and to committing long-term mutual success. By unifying the diverse marketplace of the Middle East, Amico gives international companies an unrivaled network and local know-how for effectively driving Middle East strategies for our business partners



## AKI HEALTHCARE

الكي للاستثمارات  
AL KHAYYAT INVESTMENTS

### AKI HEALTHCARE

World class standards

AKI works with many of the world's leading corporations, such as Siemens, GlaxoSmithKline, Bioventus, Peugeot, Superdry, Lavazza, and Moulinex. Our operational methods match the international standards of our partners.



**SMITH & NEPHEW /  
ALPHAMED CO.**

Smith & Nephew's Sports Medicine franchise is a world leader in developing and commercialising technology to enable minimally invasive surgery techniques, with a specific focus on the surgery of joints, in particular the knee, shoulder and hip.

The business offers surgeons technologies for surgery of the joints and ligament repair, including:

- specialised devices and fixation systems to repair damaged tissue;
- fluid management equipment for surgical access;
- digital cameras, digital image capture, scopes, light sources and monitors to assist with visualisation;
- radiofrequency wands, electromechanical and mechanical blades, and
- hand instruments for resecting damaged tissue.

### Key Sports Medicine Surgical Products from Smith & Nephew

Key products in repair are the FAST-FIX◇ family of meniscal repair systems, ENDOBUTTON◇ for cruciate fixation, and the FOOTPRINT PK and TWINFIX◇ Suture Anchors for rotator cuff repair. The FAST-FIX 360 Meniscal Repair System, launched in 2011, is designed to offer a faster, more secure meniscal repair system that will maximize the chances of a successful tear recovery. It is built on the proven FAST-FIX platform which set the standard for minimally invasive, all-inside meniscal repair.

Key products in resection are the wide range of DYONICS◇ shaver blades, ACUFEX◇ handheld instruments, and a range of radiofrequency ("RF") probes. The DYONICS◇ PLATINUM Series Shaver Blades, launched in 2011, are single-use blades that provide superior resection, debris evacuation and sharpness.

Other recent innovations include the BIORAPTOR◇ and OSTEORAPTOR◇ CURVED Guide Systems for Shoulder that optimise anchor placement, helping surgeons to overcome the challenges associated with instability repair. The systems provide increased access to the repair site in the glenohumeral joint, improve the trajectory of drilling and lead to optimised anchor placement in glenoid bone which helps surgeons operate with confidence.

## INDUSTRY PARTNERS



### AL INMAA DRUG STORE

Al Inmaa Drug Store LLC established in the year 2005, is an organization run by highly talented and professional individuals who have multinational experience in the Healthcare sector.

We have the exclusive rights to distribute certain globally recognized Pharmaceutical and Para-pharmaceutical products in the Middle East market. Our profile consists of those products that are totally Innovative, Unique but at the same time Relevant to the Market. Our primary goal is to penetrate almost all the possible point of contact to ensure we reach our target consumers. For this we not only search for new point of sales destinations but also undertake high level of marketing activities to provide our products the maximum visibility.



### BAYER HEALTHCARE

Bayer HealthCare is among the world's foremost innovators in the field of pharmaceutical and medical products. Our subgroup's mission is to research, develop, manufacture and market innovative products that improve the health of people throughout the world.

### Our mission "Bayer: Science For A Better Life"

The globally operating Health Care subgroup is divided into four operating divisions. Our Pharmaceuticals Division is today the highest-selling pharmaceuticals company in Germany and holds a worldwide leading position in its main therapeutic areas. The focus is on prescription medicines. The division combines its strengths in two business units: General Medicine and Specialty Medicine."



### DELMA AL-REDWAN TRADING

"Delma Al-Redwan Trading introduces new concepts in Trauma & Orthopaedic with the most recent and advanced products from well known manufacturers such as Orthofix - Italy (external fixators), OPED - Germany (Dynamic Functional Orthoses) Königsee Implantate - Germany ( Full range of internal fixation) and Spineway - France (Spine Implants)"





## DEPUY SYNTHES MITEK SPORTS MEDICINE

DePuy Synthes Mitek Sports Medicine offers technologies for pain manage-

ment, minimally invasive and arthroscopic surgical solutions that address the challenges of soft tissue repair in the knee, shoulder, and other joints. By improving upon and creating new technologically advanced materials, instruments and techniques, we look to make the extraordinary possible for patients by advancing procedural solutions in the field of sport medicine.



## SURGITECH MEDICAL SUPPLIES L.L.C

“ SURGI-TECH is an active partner in the growth of the middle east market in the area of HealthCare.. Participate in HealthCare improvement through providing world class products & services to the health community for the benefit of patients..Our professional team and the application of modern marketing techniques have placed SURGI-TECH among the leading companies promoting high tech concepts and products..

We are dealing with the best suppliers in the medical field such as ZIMMER, CONMED LINVATEC, SECTRA, SOLCO, ZAMAR MEDICAL, XIROS, ORTHOPAEDIC INNOVATION, ORTHODYNAMICS, REBSTOCK, GRAFTYS, ANTIC-AID, ACRA-CUT & SAWBONE.”



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23<sup>rd</sup> & 24<sup>th</sup> of April 2015, Mohammed Bin Rashid Academic Medical Centre, Dubai HealthCare City

## NOTES

## ACKNOWLEDGEMENT

*The Organizing Committee would like to express  
its Gratitude to the following Companies for  
their Unconditional Support to this Activity*





شعبة الإمارات  
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EMIRATES  
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# 3<sup>rd</sup> Emirates International Orthopaedic Congress

November 5<sup>th</sup> to 7<sup>th</sup>, 2015  
Dubai, United Arab Emirates



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